

Healthy Trail Mix Recipe

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PERSONAL CHEF



PREP TIME:
5 MINUTES



NO COOKING
NECESSARY!



SERVINGS: 4

Ingredients

- 1/2 cup almonds
- 1/2 cup pumpkin seeds
- 1/2 cup raisins, unsweetened dried (raisins, cranberries, cherries, etc.)
- 1/2 cup dark chocolate chips or chunks

Directions

Add all the ingredients into a bowl and mix together until evenly combined.

Store in an airtight container in a cool, dry place.

Serving Size: 1/4 cup

Notes

The beauty of this recipe is its flexibility.

If almonds aren't your favorite — swap them out for any nut.

Or better yet, try a combination of nuts. Mix it up and customize it to your family's tastes (or the ingredients that are available in your pantry).